

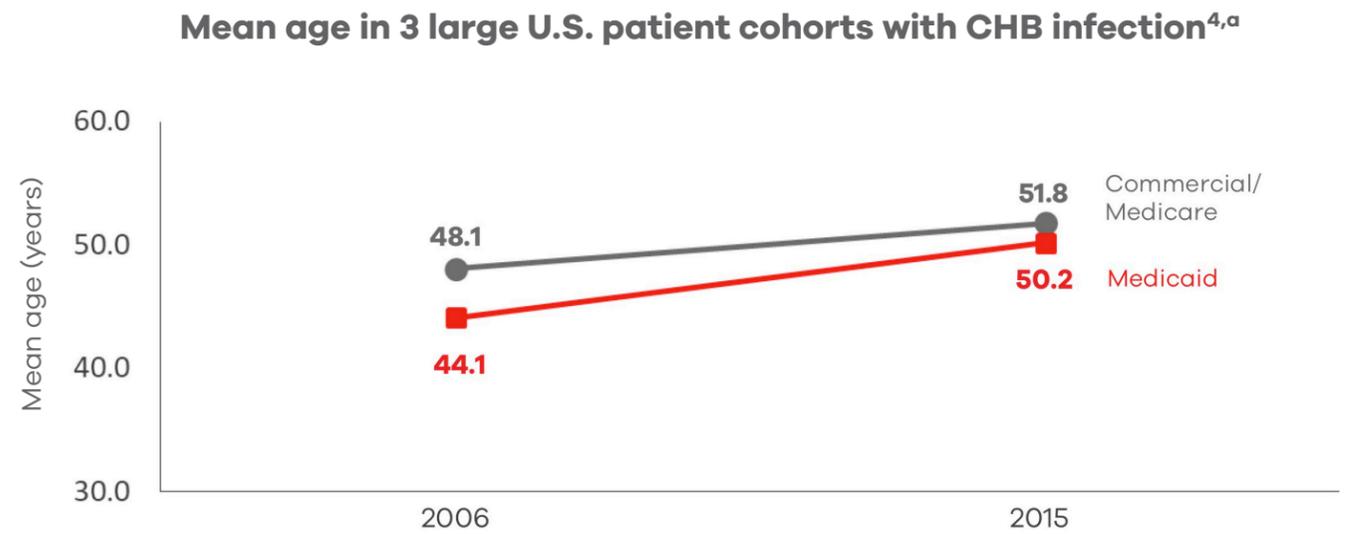
# The unmet needs in chronic hepatitis B

*Impact of aging and  
comorbidities*

# The CHB population in the U.S. is aging

## CHB can be a lifelong infection<sup>1</sup>

In the U.S., the CHB patient population is aging, and the prevalence of CHB infection is higher in older age groups<sup>2,3</sup>



All comparisons of 2006 vs 2015 are significant at  $P < 0.001$

<sup>a</sup>A retrospective, observational study with case matching of CHB patients without HDV coinfection, based on U.S. administrative healthcare claims from Commercial/Medicare (n=32,523) and Medicaid (n=11,503) databases from 2006 to 2015.<sup>4</sup>

## Key Facts

Approximately 2 million persons are living with CHB in the U.S.<sup>5,6,b</sup>

Up to **95%** of foreign-born persons with CHB migrated from regions of intermediate and high endemicity<sup>7</sup>

**1 in 12** Asian Americans have CHB<sup>8</sup>

**1 in 10** African-born persons have CHB<sup>6</sup>

In the U.S., CHB is largely undiagnosed and untreated<sup>9,c</sup>

**70%** are undiagnosed<sup>9</sup>

**2.5%** receive treatment<sup>9</sup>

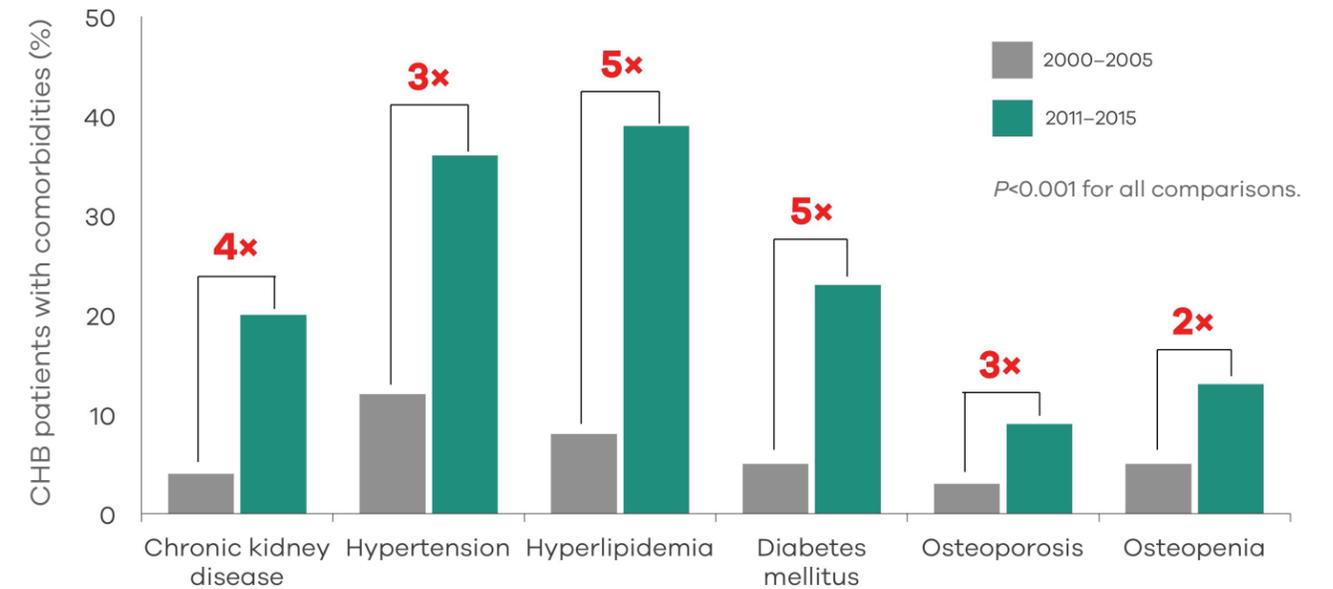
CHB=chronic hepatitis B; HDV=hepatitis D virus.

<sup>b</sup>2012 estimate.

<sup>c</sup>2010 data.

# As people with CHB age, the prevalence of comorbidities increases

## Comorbidities in CHB patients during a 15-year period (San Francisco Bay Area cohort)<sup>2,a</sup>



<sup>a</sup>A retrospective, observational study of 2734 CHB patients across 3 time periods (2000-2005; 2006-2010; 2011-2015) at a university medical center and primary care clinics in the San Francisco Bay Area.<sup>2</sup>

## Some of the comorbidities are more prevalent in CHB patients vs the uninfected population<sup>4,10,11</sup>



Chronic kidney disease



Cardiovascular disease (eg, hypertension)



Metabolic disorders (eg, diabetes)

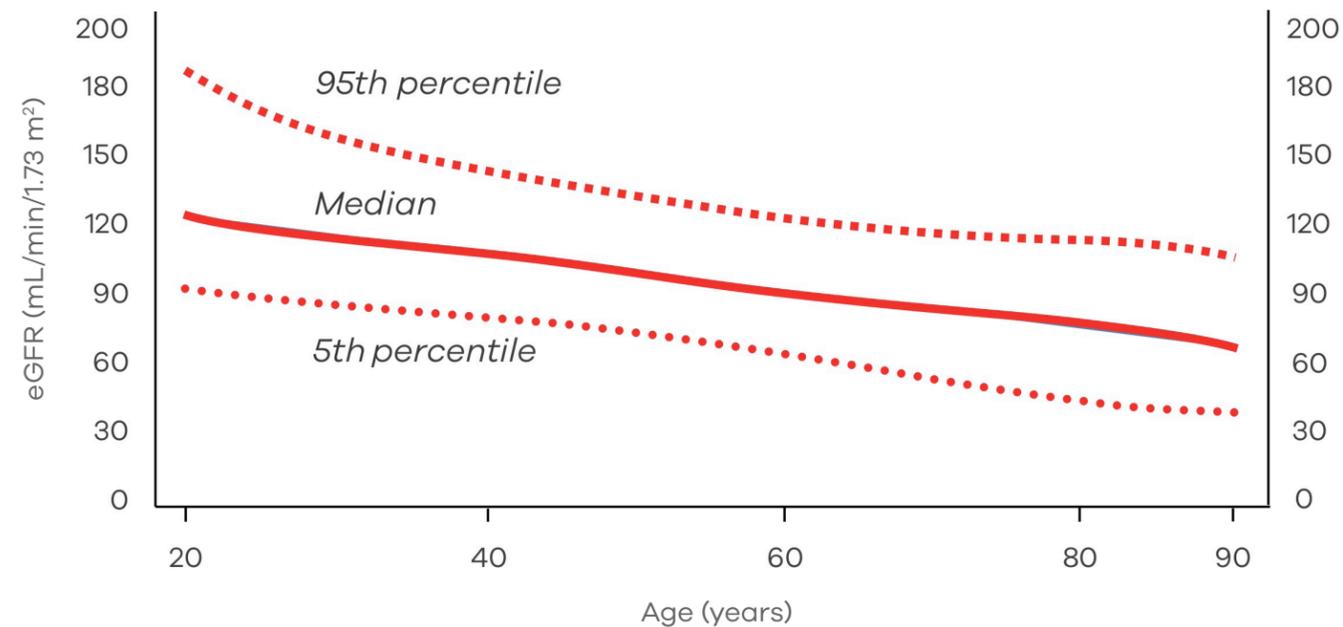


Bone disease (eg, osteoporosis)

## As people age, their renal function declines

In the general population, the mean eGFR decline is approximately **1 mL/min/1.73 m<sup>2</sup>** annually in men and women after age 20-30 years; this decline increases in older adults<sup>12</sup>

Percentiles of eGFR regressed on age (U.S. NHANES III, 1988-1994)<sup>12</sup>



### Renal function may be impaired in patients with CHB before they start treatment:

- In one ex-U.S. cohort (N=260), 2 in 3 treatment-naïve HBsAg-positive individuals had some degree of kidney disease<sup>13</sup>

### Key Facts

Stages of CKD <sup>14</sup>	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5
eGFR (mL/min/1.73 m <sup>2</sup> )	≥90	89–60	59–30	29–15	<15
	Kidney damage with <b>normal</b> kidney function	Kidney damage with <b>mild loss</b> of kidney function	<b>Mild to severe</b> loss of kidney function	<b>Severe</b> loss of kidney function	Kidney <b>failure</b> <sup>a</sup> (or ESRD)

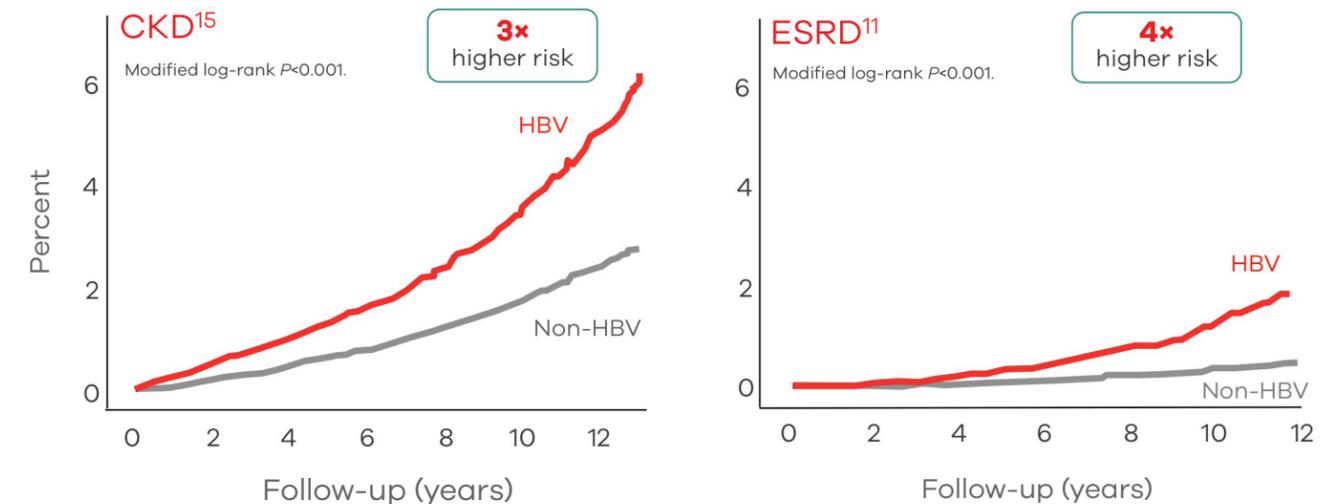
eGFR=estimated glomerular filtration rate; CKD=chronic kidney disease; ESRD=end-stage renal disease; HBsAg=hepatitis B surface antigen; NHANES=National Health and Nutrition Examination Survey.

<sup>a</sup>Requiring dialysis or transplant for survival.

## Burden of renal impairment in CHB infection

People with CHB infection have a significantly higher prevalence (and also higher risk) of CKD and ESRD than those without CHB<sup>11,15,a</sup>

Cumulative incidence of CKD and ESRD in untreated, Taiwanese CHB cohort<sup>11,15</sup>



<sup>a</sup>Two nationwide, Taiwanese cohort studies using the Taiwan National Health Insurance Research Database, to evaluate the association of HBV with CKD (inclusive of stages 1 to 5) (1998-2010; N=17,796)<sup>15</sup> or ESRD (1999-2010; N=17,758).<sup>11</sup>

### IN THE U.S.

**1.7x–2.5x** Higher prevalence of CKD in CHB patients vs uninfected population in 2015<sup>4,b</sup>

<sup>b</sup>A retrospective, observational study with case matching of CHB patients without HDV coinfection, based on U.S. administrative healthcare claims from Commercial/Medicare (n=32,523) and Medicaid (n=11,503) databases from 2006 to 2015.<sup>4</sup>

### Key Facts

According to the CDC, CKD is common among adults in the U.S.<sup>16</sup>

**30 million** adults in the U.S. have CKD<sup>16</sup>

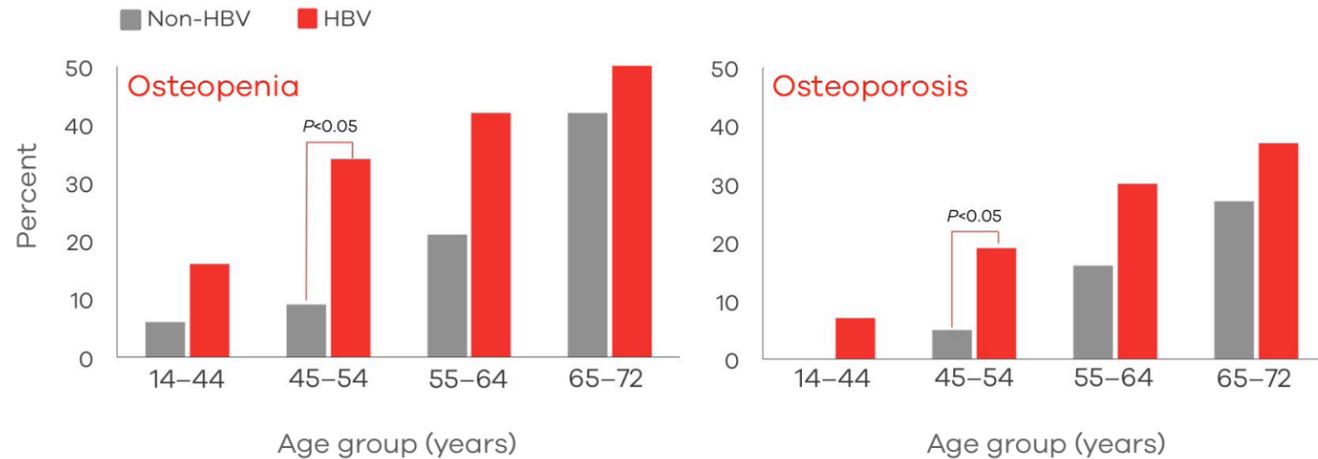
**96%** of people with kidney damage or mildly reduced function are not aware of their kidney damage or CKD<sup>16</sup>

CDC=Centers for Disease Control and Prevention; HBV=hepatitis B virus.

# Burden of bone-related comorbidities in CHB infection

Patients with CHB infection demonstrated a higher prevalence of osteoporosis and osteopenia than uninfected persons<sup>17,a</sup>

**Prevalence of osteopenia and osteoporosis in a Chinese cohort<sup>17,a</sup>**



<sup>a</sup>A study conducted in China (2014-2015) of 148 CHB patients vs age- and gender-matched healthy controls, to investigate the prevalence of osteoporosis in CHB patients.<sup>17</sup>

## IN THE U.S.

**Up to 1.5x** Higher prevalence of osteoporosis and/or bone fracture in CHB patients vs uninfected population in 2015<sup>4,b</sup>

<sup>b</sup>A retrospective, observational study with case matching of CHB patients without HDV coinfection, based on U.S. administrative healthcare claims from Commercial/Medicare (n=32,523) and Medicaid (n=11,503) databases from 2006 to 2015.<sup>4</sup>

### Key Facts

**Bone-related comorbidities are major health problems in the U.S.<sup>18-20</sup>**

**Prevalence<sup>c</sup>**

**48 million** Osteopenia

**9 million** Osteoporosis

**Combined lifetime risk of fractures<sup>d</sup>**

**13%** (male)

**40%** (female)

<sup>c</sup>Based on 2010 data.<sup>19</sup>

<sup>d</sup>Combined risk for hip, forearm, and vertebral fracture at 50 years of age.<sup>18</sup>

# Complications of CHB infection

CHB patients may be asymptomatic for 20-30 years, but the infection can progressively damage the liver over time<sup>21,22</sup>

**If left untreated, of persons with CHB infection...<sup>23</sup>**

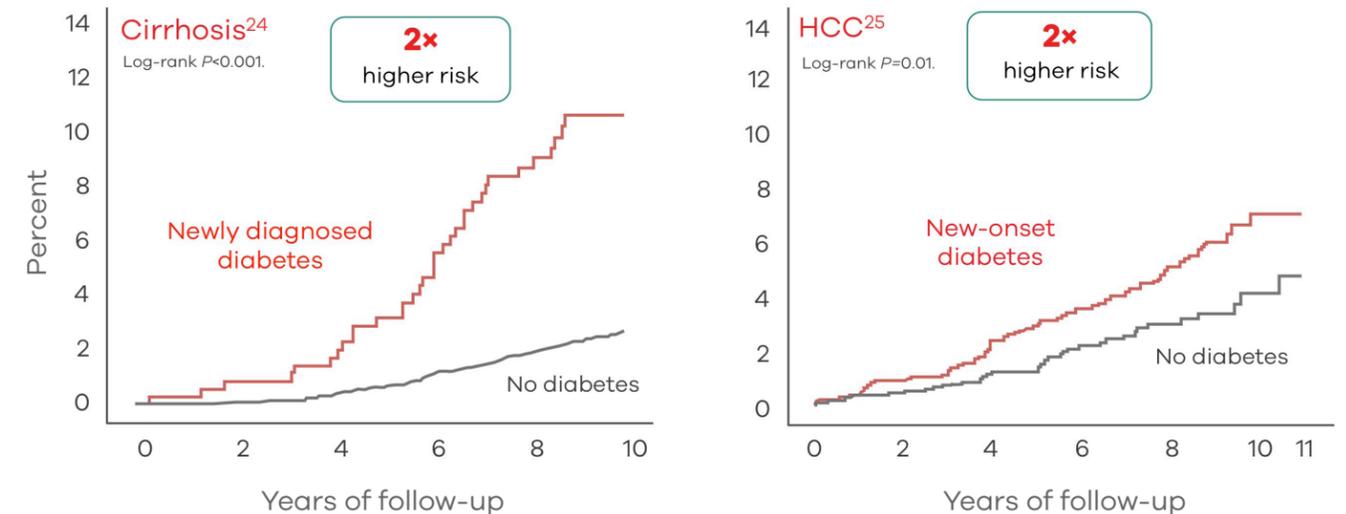
**15% to 40%**  
develop cirrhosis, HCC, or liver failure

**25%**  
die prematurely of these complications

## Impact of metabolic diseases on liver complications in CHB patients

- CHB patients with new-onset diabetes have a significantly higher incidence (and higher risk) of cirrhosis and HCC vs those without diabetes<sup>24,25</sup>

## Cumulative incidence of cirrhosis and HCC in Taiwanese CHB cohorts<sup>24,25</sup>



Two nationwide cohort studies using the Taiwanese National Health Insurance Research Database (1997-2009). In the cirrhosis study,<sup>24</sup> 351 CHB patients had diabetes and 7886 patients had no diabetes; in the HCC study,<sup>25</sup> 2099 CHB patients had diabetes and 2080 patients had no diabetes.

- Metabolic syndrome (eg, obesity and diabetes) is associated with cirrhosis and HCC in CHB patients<sup>26</sup>

HCC=hepatocellular carcinoma.

# Aging and comorbidities – Summary

In the U.S., the CHB patient population is growing older and has more comorbidities, such as kidney- and bone-related conditions, as they age<sup>2,4</sup>

In two studies, the prevalence of comorbidities in CHB patients significantly increased in the U.S. over time (2000-2005 vs 2011-2015;<sup>2</sup> and 2006 vs 2015<sup>4</sup>)

## Renal Impairments

(eg, CKD, ESRD)

**2x–4x**

## Hypertension

**2x–3x**

## Hyperlipidemia

**3x–5x**

## Diabetes

**1.5x–5x**

## Osteopenia and Osteoporosis

**2x–3x**



- Renal function typically decreases with age<sup>12</sup>
- Renal impairment (eg, CKD, ESRD) is observed more frequently in CHB patients than in uninfected people<sup>4</sup>



- Bone density may decrease with age<sup>27</sup>
- Osteoporosis and bone fracture are observed more frequently in CHB patients than in uninfected people<sup>4</sup>

**Due to the associations between CHB infection and comorbidities, careful evaluation and consideration are needed when managing CHB patients<sup>28</sup>**

## Early diagnosis and disease management

are needed to prevent and mitigate liver as well as non-liver comorbidities<sup>2</sup>

**References:** **1.** CDC. Hepatitis B – Are you at risk? October 2013. [www.cdc.gov/hepatitis/hbv/pdfs/hepbatrisk.pdf](http://www.cdc.gov/hepatitis/hbv/pdfs/hepbatrisk.pdf). Accessed August 8, 2018; **2.** Liu AF, et al. *Clin Transl Gastroenterol*. 2018;9:141; **3.** Kim HS, et al. *J Viral Hepat*. 2017;24:1052-1066; **4.** Nguyen MH, et al. *Hepatology*. 2018 Sep 2. [Epub ahead of print]; **5.** Gish RG, et al. *Hepatology*. 2015;62:1339-1341; **6.** Kowdley KV, et al. *Hepatology*. 2012;56:422-433; **7.** LeFevre ML; USPSTF. *Ann Intern Med*. 2014;161:58-66; **8.** FDA. Asian Americans and Hepatitis B. <https://www.fda.gov/ForConsumers/ByAudience/MinorityHealth/ucm501078.htm>. Updated January 26, 2018. Accessed August 8, 2018; **9.** Cohen C, et al. *J Viral Hepat*. 2011;18:377-383; **10.** Chen CH, et al. *Medicine*. 2015;94:e2276; **11.** Chen YC, et al. *Kidney Int*. 2015;87:1030-1038; **12.** National Kidney Foundation. *Am J Kidney Dis*. 2002;39:S1-S266; **13.** Amet S, et al. *Liver Int*. 2014;35:148-155; **14.** NIDDK. Kidney Disease Statistics for the United States. <https://www.niddk.nih.gov/health-information/health-statistics/kidney-disease>. Updated December 2016. Accessed August 8, 2018; **15.** Chen YC, et al. *BMC Nephrology*. 2015;16:110; **16.** CDC. National Chronic Kidney Disease Fact Sheet, 2017. [https://www.cdc.gov/kidneydisease/pdf/kidney\\_factsheet.pdf](https://www.cdc.gov/kidneydisease/pdf/kidney_factsheet.pdf). Accessed August 8, 2018; **17.** Huang Z, et al. *Pak J Med Sci*. 2017;33:457-461; **18.** Johnell O, Kanis J. *Osteoporos Int*. 2005;16(suppl 2):S3-S7; **19.** Wright NC, et al. Interdisciplinary Symposium on Osteoporosis 2013. Chicago, IL. Poster P43; **20.** International Osteoporosis Foundation. Facts and Statistics. <https://www.iofbonehealth.org/facts-statistics>. Accessed August 8, 2018; **21.** CDC. Hepatitis B FAQs for the Public. Updated April 30, 2018. <https://www.cdc.gov/hepatitis/hbv/bfaq.htm>. Accessed August 8, 2018; **22.** World Health Organization. Hepatitis B. <http://www.who.int/en/news-room/fact-sheets/detail/hepatitis-b>. Updated July 18, 2018. Accessed August 8, 2018; **23.** Abara WE, et al. *Ann Intern Med*. 2017;167:794-804; **24.** Huang YW, et al. *Clin Infect Dis*. 2013;57:1695-1702; **25.** Fu SC, et al. *Aliment Pharmacol Ther*. 2015;41:1200-1209; **26.** Terrault NA, et al. *Hepatology*. 2016;63:261-283; **27.** Demontiero O, et al. *Ther Adv Musculoskelet Dis*. 2012;4:61-76; **28.** Terrault NA, et al. *Hepatology*. 2018;67:1560-1599.